



Signs and Symptoms Progress Questionnaire

Functional Medicine
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Report Date: 08-16-2014
Date Completed by Patient: 08-16-2014
Patient: John Doe
Date of Birth: 10-10-1970
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Home Phone: 222-333-4444
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Sample

Report Date: 08-16-2014

Date Completed by Patient: 08-16-2014

Patient: John Doe

Date of Birth:

Chief Complaints

Over weight: I am having a difficult time losing weight. I have put on 40 pounds over the last 5 years.	Some Improvement 25%+
Chronic nasal congestion: Started about 2 years ago. It's worse during allergy season. Nasal irrigation affords some relief.	Some Improvement 25%+
Lower back pain: Several years ago, I injured my back lifting several reams of copy paper. I was told I had a slipped disc. My back has been giving me problems ever since.	Improvement 50%+
Loose bowels: I have been suffering with diarrhea for the past year. Certain foods seem to make it worse.	Improvement 50%+
Diabetes: I have been taking medication for diabetes for the past 5 years.	Some Improvement 25%+

Sample

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The patient reported the following symptoms:

Abdominal pain/cramps	Improvement 50%+
Acid reflux/GERD	Improvement 50%+
Allergies	Improvement 50%+
Backaches	Improvement 50%+
Bloating 1 to 2 hours after eating	Improvement 50%+
Canker Sores (mouth sores)	Resolved
Coated tongue	Resolved
Cracks in corner of mouth	Resolved
Diabetes	Improvement 50%+
Excessive thirst	Improvement 50%+
Headaches	Improvement 50%+
Heartburn	Improvement 50%+
Insomnia	Improvement 50%+
Irritable	Some Improvement 25%+
Light-colored stool	Some Improvement 25%+
Lower bowel gas	Improvement 50%+
Mucus in stool	Improvement 50%+
Sense of fullness after meals	Improvement 50%+
Sensitivity to perfumes/gasoline fumes/chemicals	Some Improvement 25%+
Tongue feels thick	Improvement 50%+
Weight gain	Some Improvement 25%+

Clinicians's Notes:

Signature: _____

Date: _____